

## mac n cheese bowlz

**z'mac n cheese** 🍷 “the original” curly cavitappi pasta smothered in our trademark blend of melted cheeses, finished with cheddar jack cheese...**6.19 sm...4.99**

**give it an italian twist!** add a splash of our pesto...add **0.75**

**z'jalapeno bacon mac** 🍷 punch up the flavor with bacon and fresh jalapenos...**7.99 sm...6.79**

**z'buffalo chicken mac** 🍷 buffalo sauce, bleu cheese crumbles, carrots and green onions, smothered in our cheese sauce, topped with crispy fried onions...**8.59 sm...7.49**

**z'garlic mac** chicken sautéed with garlic and red onion, dressed with romano cheese...**8.59 sm...7.49**

**want to swap the chicken for another protein? just ask!**

## rice bowlz

substitute brown rice @ no charge

**z'teriyaki** broccoli, carrots, green onions & mushrooms on cilantro-lime rice in our teriyaki sauce...**6.19 sm...4.99**

**z'fajita** grilled chicken, red & green bell peppers and red onions sautéed in our zesty fajita sauce, served over a bed of cilantro-lime rice, garnished with cheddar jack cheese and sour cream...**8.59 sm...7.49**

**want to swap the chicken for another protein? just ask!**

**z'thai stir-fry** 🍷 broccoli, carrots, snap peas and roasted peanuts sautéed in our spicy peanut sauce over a bed of cilantro-lime rice...**6.19 sm...4.99**

**health it up! swap the rice with a bed of fresh lettuce**

## soup bowlz

regular-size bowlz served with bread

**z'chicken tortilla** southwestern spices, vegetables and roasted chicken, finished with crunchy tortilla strips and cheddar jack cheese...**5.99 sm...4.79**

**z'chicken noodle** our smooth and creamy take on the classic, made with orzo noodles and fresh vegetables...**5.99 sm...4.79**

**z'seasonal soup** ask us what's new!

**z'soup & salad** 2 small bowlz, with fresh bread...**8.49\***

\*add **2.49** for asian or thai chicken salads

## noodle bowlz

**z'marinara** 🍷 hearty penne pasta smothered in homemade marinara dressed with romano cheese and fresh italian parsley...**6.19 sm...4.99**

**z'veggie tuscana** penne pasta lightly sautéed with olive oil, tomatoes, red & green bell peppers, zucchini, red onions, spinach leaves, fresh garlic and rosemary, accented with feta cheese and italian parsley...**6.19 sm...4.99**

**z'spicy peanut** 🍷 rice stick noodles, broccoli, carrots, cabbage and roasted peanuts sautéed in our spicy peanut sauce and topped with cilantro...**6.19 sm...4.99**

**z'pesto** bowtie pasta sautéed with our basil & pine nut pesto sauce, fresh tomatoes and a hint of cream, decorated with romano cheese...**6.19 sm...4.99**

**make it pomodoro!** add a splash of our marinara...add **0.75**

**z'alfredo** 🍷 fettuccine noodles smothered with our creamy alfredo sauce, sprinkled with romano cheese and fresh italian parsley...**6.19 sm...4.99**

**z'krith-a-raki** orzo noodles, broccoli and green onions sautéed in butter and garlic, with romano cheese and italian parsley...**6.19 sm...4.99**

**go authentic greek with feta cheese!**...add **0.75**

**z'udon** 🍷 udon noodles stir-fried with broccoli, mushrooms & carrots in our spicy chili-garlic sauce, topped with cilantro...**6.19 sm...4.99**

**z'big penne** 🍷 a kidz favorite for the kid in all of us! penne pasta with butter and romano cheese...**6.19 sm...4.99**

**z'lemon sauté** our lemon-cream sauce with orzo noodles, zucchini, spinach & romano cheese...**6.19 sm...4.99**

**z'mostaccioli** a savory blend of garlic, cream and white wine lightly sautéed with penne pasta, tomatoes, red onions, mushrooms & spinach leaves accented with romano cheese and italian parsley...**6.19 sm...4.99**

## add protein & more

grilled chicken • shrimp • 6 meatballs  
gyro • tofu • bacon...**2.49 ea**

side of bread...**0.65** • pita appetizer...**1.99**

extra sauce • any veggie • any cheese...**0.75 ea**

🍷 spicy item

🍷 kidz favorite

allergies? vegetarian?  
please let us know!

## z'combo

**pick any small bowl and pair it with a small soup or salad...8.49\***

\*add **2.49** for fajita, jalapeno bacon mac, buffalo mac, garlic mac, asian salad or thai chicken salad

## salad bowlz

regular-size bowlz served with bread

**z'thai chicken** chicken, red cabbage, carrots, tomatoes and mixed greens topped with crushed peanuts, cilantro, and a side of our creamy cashew dressing...**8.59 sm...7.19**

**z'greek** fresh mixed greens, tomatoes, cucumbers, red onions and green peppers tossed with our trademark greek dressing, topped with feta cheese, kalamata olives and pepperoncinis...**6.19 sm...4.99**

**z'asian** bowtie pasta, spinach, grilled chicken, green onions and dried cranberries tossed with our asian vinaigrette, topped with mandarin oranges and wonton strips...**8.59 sm...7.19**

**z'caesar** our creamy caesar dressing tossed with crisp mixed greens, croutons and fresh romano...**6.19 sm...4.99**

**z'house** mixed greens, tomatoes, cucumbers, cheddar jack cheese and croutons, served with your choice of ranch, creamy cashew or sweet onion vinaigrette...**6.19 sm...4.99**

## pitaz

happiness wrapped in a fresh pita

**make it a pita combo!** add a small soup or salad...**9.99\***

**z'gyro** seasoned gyro meat on a fresh pita with tomato, red onion, lettuce & a side of our tzatziki sauce. *OPA!*...**6.99**

**z'buffalo pita** 🍷 chicken sautéed in buffalo sauce with carrots, green onions, lettuce and tomatoes, finished with our mac n cheese sauce and cheddar jack cheese...**6.99**

**z'pesto pita** chicken, tomatoes, red onions, red & green peppers and spinach, sautéed in our pesto sauce, with romano cheese...**6.99**

**z'thai pita** 🍷 chicken, peanuts, cabbage, carrots and spinach sautéed in our spicy peanut sauce, sprinkled with cilantro...**6.99**