

mac n cheese bowlz

z'mac n cheese 🍴 “the original” curly cavatappi pasta smothered in our trademark blend of melted cheeses, finished with cheddar jack cheese...**6.19** sm...**4.99**

z'jalapeno bacon mac 🌶️ punch up the flavor with bacon and fresh jalapenos...**7.99** sm...**6.79**

z'buffalo chicken mac 🌶️ buffalo sauce, bleu cheese crumbles, carrots and green onions, smothered in our cheese sauce, topped with crispy fried onions...**8.59** sm...**7.49**

z'garlic mac chicken sautéed with garlic and red onion, dressed with romano cheese...**8.59** sm...**7.49**

want to swap the chicken for another protein? just ask!

rice bowlz

substitute brown rice @ no charge

z'teriyaki broccoli, carrots, green onions and mushrooms lie on a bed of cilantro-lime rice draped in our teriyaki sauce...**6.19** sm...**4.99**

z'fajita grilled chicken, red & green bell peppers and red onions sautéed in our zesty fajita sauce, served over a bed of cilantro-lime rice, garnished with cheddar jack cheese and sour cream...**8.59** sm...**7.49**

want to swap the chicken for another protein? just ask!

z'thai stir-fry 🌶️ broccoli, carrots, snap peas and roasted peanuts sautéed in our spicy peanut sauce over a bed of cilantro-lime rice...**6.19** sm...**4.99**

health it up! swap the rice with a bed of fresh lettuce

soup bowlz

regular-size bowlz served with fresh bread

z'chicken tortilla southwestern spices, vegetables and roasted chicken, finished with crunchy tortilla strips and cheddar jack cheese...**5.99** sm...**4.79**

z'chicken noodle our smooth and creamy take on the classic, made with orzo noodles and fresh vegetables...**5.99** sm...**4.79**

z'seasonal soup ask us what's new!

z'soup & salad 2 small bowlz, with fresh bread...**8.49**

**add 2.49 for asian or thai chicken salads*

noodle bowlz

z'marinara 🍴 hearty penne pasta smothered in homemade marinara dressed with romano cheese and fresh italian parsley...**6.19** sm...**4.99**

add 6 italian meatballs!...2.49 sm (3)...1.49

z'veggie tuscana penne pasta lightly sautéed with olive oil, tomatoes, red & green bell peppers, zucchini, red onions, spinach leaves, fresh garlic and rosemary, accented with feta cheese and italian parsley...**6.19** sm...**4.99**

z'spicy peanut 🌶️ rice stick noodles, broccoli, carrots, cabbage and roasted peanuts sautéed in our spicy peanut sauce and topped with cilantro...**6.19** sm...**4.99**

z'pesto bowtie pasta sautéed with our basil & pine nut pesto sauce, fresh tomatoes and a hint of cream, decorated with romano cheese...**6.19** sm...**4.99**

make it a pesto pomodoro!

add a burst of authentic italian flavor with a splash of our homemade marinara...add **0.75**

z'alfredo 🍴 fettuccine noodles smothered with our creamy alfredo sauce, sprinkled with romano cheese and fresh italian parsley...**6.19** sm...**4.99**

z'krith-a-raki a greek tradition of orzo noodles, broccoli and green onions lightly sautéed in butter and a touch of fresh garlic, finished with romano cheese and italian parsley...**6.19** sm...**4.99**

go authentic with feta cheese!...add 0.75

z'udon 🌶️ udon noodles stir-fried with broccoli, mushrooms & carrots in our spicy chili-garlic sauce, topped with cilantro...**6.19** sm...**4.99**

z'big penne 🍴 a kidz favorite, now for the kid in all of us! penne pasta tossed with butter and topped with romano cheese...**6.19** sm...**4.99**

z'lemon sauté our refreshing lemon-cream sauce tossed with orzo noodles, zucchini and spinach leaves, sprinkled with romano cheese...**6.19** sm...**4.99**

add 6 italian meatballs!

a delicious twist...**2.49** sm (3)...**1.49**

z'mostaccioli a savory blend of garlic, cream and white wine lightly sautéed with penne pasta, tomatoes, red onions, mushrooms & spinach leaves accented with romano cheese and italian parsley...**6.19** sm...**4.99**

allergies? vegetarian? please let us know!

z'combo

pick any small bowl and pair it with a small soup or salad...8.49*

**add 2.49 for fajita, buffalo mac, garlic mac, asian salad or thai chicken salad, or 1.79 for jalapeno bacon mac*

salad bowlz

regular-size bowlz served with fresh bread

z'thai chicken chicken, red cabbage, carrots, tomatoes and mixed greens topped with crushed peanuts, cilantro, and a side of our creamy cashew dressing...**8.59** sm...**7.19**

want to swap the chicken for another protein? just ask!

z'greek fresh mixed greens, tomatoes, cucumbers, red onions and green peppers tossed with our trademark greek dressing, topped with feta cheese, kalamata olives and pepperoncinis...**6.19** sm...**4.99**

z'asian bowtie pasta, spinach, grilled chicken, green onions and dried cranberries tossed with our asian vinaigrette, topped with mandarin oranges and wonton strips...**8.59** sm...**7.19**

z'caesar our creamy caesar dressing tossed with crisp mixed greens, croutons and fresh romano...**6.19** sm...**4.99**

z'house mixed greens, tomatoes, cucumbers, cheddar jack cheese and croutons, served with your choice of ranch, creamy cashew or sweet onion vinaigrette...**6.19** sm...**4.99**

punch up the flavor with some bacon! add...1.79

gyro

z'gyro seasoned gyro meat on a fresh pita with tomato, red onion, lettuce & a side of our tzatziki sauce. *OPA!*...**6.99**

*make it a combo! add a small soup or salad...9.99**

add protein & more

grilled chicken • shrimp • gyro • 6 meatballs • tofu...**2.49 ea**
bacon...**1.79**

fresh bread...**0.65** • pita appetizer...**1.99**

extra sauce • any veggie • any cheese...**0.75 ea**

🌶️ spicy item

🍴 kidz favorite